**Benefits of In-Home ABA Therapy**

For a young child with autism, it can be difficult to work with a new therapist, and the child may take a lot of time to become comfortable around the new therapist. While many scientific studies have proved the [life-changing effects ABA therapy can have on a child](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5048254/), it is essential to choose the right environment for providing therapy to get effective results.

Most children need a safe environment and a structured therapeutic intervention plan to respond well to therapy. Professionals recommend ABA therapy to improve social and learning skills as well as address behavioral issues. ABA services can be provided in a variety of settings-home, school, and center. It is important to consider the environment and the pros and cons of each environment when deciding on the appropriate ABA services for your child.

The following list several benefits to in-home ABA when considering appropriate ABA environment for your child:

**Family Interactions**

Children feel most comfortable in the presence of their parents and caregivers. It has been found that [inclusion of family members](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4433419/) play a vital role in the ABA treatment process. By having a therapist provide therapy to a child at home, parents and other family members will be able to actively participate during the sessions, as well as keep track of their child’s progress to determine the effectiveness of the treatment.

Moreover, in-home ABA therapy also fosters open communication between the parents and the therapist, allowing for both parties to better understand the needs of the child with autism.

**Addressing Difficulties When They Arise**

Many behavioral difficulties arise during routine activities at home, such as play time, bed time, meal time, waking up, going to sleep, bathing, and dressing. When a therapist is providing treatment at your home, they will be better able to address such behavioral issues, as they will be dealing with them while they are happening. It can be convenient for both the child and therapist to learn and teach new behaviors while correcting the existing ones.

**Familiar Environment**

Children with autism can feel intimidated or overwhelmed by the clinical setting. A child may display different positive or negative behaviors when out of familiar environments. With in-home ABA therapy, the therapist is able to observe the natural behaviors because the child is in an environment they are familiar with and can easily carry on with their routine once they become comfortable around the therapist. With the child showing their true self, the therapist gets a full picture and is able to better devise an intervention plan that targets the areas where the child needs most improvement.

**Convenience**

Since ABA therapy takes a few months to start showing proper results, it becomes difficult for parents to continue taking their child to the clinic for sessions. With in-home ABA therapy, it becomes convenient for families to integrate therapy in their busy schedules while being able to actively participate and work with therapist.

If you are looking for experienced and reliable autism services to provide in-home ABA therapy to your child with autism, Cornerstones can help you. [Contact](https://www.cornerstonesil.com/contact/) us today to discuss your child needs and evaluate different treatment options.